



FIRST RESPONDERS' WELLNESS SYMPOSIUM: KEEPING STRONG PEOPLE STRONG

January 10th, 2024

Dear Potential Sponsor

First responders (whether they be career or volunteer) and other front-line workers often face tough, unexpected, and sometimes horrifying situations in life. That, along with Covid-19, has brought about undue stress to many of them. They continue to feel the brunt of this pandemic due to mandatory overtime, working short staffed, and public outrage, to mention a few things. In many of those workplaces, morale is very low, burnout is happening, and people are leaving jobs they used to love. Many don't feel they have the support of their leaders. The fall out from this is family breakup, sick time and yes, even suicide in some cases.

On April 13th, 2024, we are pleased to be hosting our second annual "First Responders' Wellness Symposium: Keeping Strong People Strong" at NSCC-Kingstec Campus in Kentville, NS.

We are very pleased to have the TEMA Foundation partner with us this year. It is a nonprofit organization that focuses on mental health and wellness for frontline workers, first responders, healthcare professionals, public safety personnel, and the important people in their lives. The TEMA Foundation develops educational programs and then partners with like-minded organizations to deliver impactful education and training. For more info, go to: <https://www.tema.foundation>

As you know, hosting a Symposium such as this takes time (that's us) and money. This is where you come in. We are a non-profit society committed to the health and wellbeing of all first responders and their partners. The Society consists of firefighters, paramedics, Ground Search and Rescue (GSAR) and law enforcement officers from across the Valley / South Shore area. A team of like-minded individuals with a passion for supporting first responders.

We are asking that you support our endeavour so we can bring in interesting speakers by donating financially to our society. We have secured the venue at no cost, thanks to NSCC - Kingstec Campus. This is one way they give back to our communities. We want to only charge participants a small fee (\$35) which basically covers the cost of lunch plus their Symposium bag for which they can collect materials / info from the various vendor organizations. Your financial contribution will also help with speaker honorariums and lodging where necessary. Some speakers donate their time to the Symposium, but for others we must pay.

If you donate financially, based on the amount, we honor you by designating you as one of the following:

Bronze - \$250-499.00

Silver - \$500 to 1000.00

Gold – more than \$1000.00

Additionally, you will be given acknowledgment of your donation on our promotional materials, website, etc. For that we would request a jpeg image of your organisation's logo.

You can also visit our website at: www.firstresponderwellness.ca

Please send your donation to the following:

First Responders' Wellness Symposium Society
Attention: Sheena Conrad, Treasurer
1321 Hwy 332
First South, NS
B0J 2C0

Or you can send it via e-transfer to: wellnesssymposim@hotmail.com

Thankyou for taking the time to consider investing in the health and well-being of our fist responders. They provide so much to us and now it is our turn to provide something back to them.

Regards,

Wendy Rafuse

Chairperson, First Responders' Wellness Symposium

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